

Steele Recovery

Family Addiction Counseling

Registration and Questionnaire

This service is for family member's struggling with the effects of addiction who are looking for their own path to recovery through counseling.

Client Information:

Name: _____

Address _____

City: _____ State: _____ Zip Code: _____ Age: _____

Home Phone: _____

Cell Phone: _____

Email Address: _____

Marital Status: Married____ Single____ Divorced____ Separated____

Military: Y____ N____ Branch _____

Enlisted Year _____ Discharge Year _____ MOS _____ Veteran: Y____ N _____

Where did you hear about Steele Recovery?

Honesty is key

It's not the addict that's the problem, its why you're allowing him to take over your life. As we partner in this journey, a list of questions has been compiled to help explore the root causes to your codependency in order to assist in creating a solid plan for you. Honesty is key for you so, as you ponder each question, pause, then provide the answer. We are as sick as our secrets and truthfulness is the antidote. There is no judgement or negative thought toward you with any of the answers you give. You are safe here. Take a risk. Discover your true self as you enter a spiritual life of freedom that leaves you happy joyous and free.

INTAKE QUESTIONNAIRE

(These questions pertain to your loved one who is in their addiction)

~In a few words, say the reason you're seeking Family Counseling? Why now?

~Is there someone you love who is or has been addicted to drugs or alcohol? If so, how is it currently affecting their life and yours?

~Do you feel shame or guilt surrounding this situation? If so, how?

~What is your biggest issue you're facing now?

~Have you had involvement with law enforcement surrounding this matter? If so, when and has it been resolved?

~How much money have you spent on your loved one's addiction. Please include: Rehab, jail, bail, drugs, damaged property etc.....

~What has been the cost of your loved one's addiction on you? Please include, relationships, marriage, trust, reputation, spiritual connection etc.....

~ Do you sometimes drink alcohol or take pain pills as a way to cope and find relief?

~Do you have a history of drugs and alcohol that run in your family? If so, how?

~When your loved one is in their addiction, how do you cope with the problem?

~What do you find yourself lying about or making excuses about your loved one's addiction?

~What major events have you experienced in the last 5 -10 years?

~How do you express what has been going on and communicate your emotions?

~What are your current fears about your loved one's addiction?

~Do you try to control situations that have nothing to do with your love one's addiction? If so, how?

~How do you feel when you are not in control of?

~What's the hardest day of the week for you? Why?

~What are the hardest times of the day for you? Why?

~Do you ever see your situation as spinning in a cycle?

~Do you think your whole family has been affected by your loved one's addiction? If so, how?

~Has your efficiency or performance at work or home life decreased?

~How much time from work do you lose when obsessing on your loved one?

~Do you have migraines, stomach problems or other health problems?

~Are you a workaholic or an overachiever? If so, explain

~Do you over spend on money you don't have as a way of escape from the chaos in your family?

~Is it hard for you to ask others for help? If so, why?

- ~Do you tend to text your communications rather than speak on phone or face to face?**
- ~Are you feeling guilty when parenting?**
- ~Guilt plays a huge role in family's with addiction. What are the things you are feeling guilty about?**
- ~If you could change one thing, what would it be?**
- ~Do you overly worry as a parent even if your children are grown?**
- ~How has this affected your ability to move forward in your life?**
- ~What are your hopes and dreams?**
- ~Where do you see yourself in 5 years?**
- ~Is there any addiction or alcoholism that runs in your family?**
- ~What is your understanding of the word Co-dependency?**
- ~What is the result you're looking for by coming to Family Counseling?**
- ~What are the immediate problems you would like to resolve first?**
- ~Do you believe in a Higher Power or God?**
- ~Are you open to obtaining a spiritual (not religious) connection as a vital path to your healing process?**
- ~Are you comfortable with Christian concepts and godly principles as a base for recovery?**
- ~What are you willing to do?**

~What are you NOT willing to do?

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I have stated these answers to the best of my ability. I'm willing to embark on this journey with Nadine Steele as my Family Addiction Counselor and will work together in discovering root causes to the areas of my life that keep me stuck and from my goals. This is a confidential service and although this process will be difficult and uncomfortable at times, I understand I am not required to do anything I don't want to do but, I will take the necessary steps with guidance to find healing spirituality and freedom from Codependency.

Client Print: \_\_\_\_\_

Client Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Counselor Signature: \_\_\_\_\_

Date: \_\_\_\_\_

***I UNDERSTAND THAT NADINE STEELE IS A MANDATED REPORTER AND ANY INFORMATION DISCLOSED IN SESSION SHALL BE SUBJECT TO REPORTING UNDER PENAL CODE 273D AND CHILD ABUSE LAWS IN THE STATE OF CALIFORNIA.***

Steele Recovery is owned and operated by Nadine Steele, CADC-II, NCAC-I NCRC-II, Aii10110315, 016754. She is nationally accredited and certified with the state of California as and Drug and Alcohol Counselor and Recovery Coach. Nadine has over 20 years of experience in the field of addiction and recovery specializing in women in addiction and codependency. Steele Recovery is an alternative approach to conventional treatment for women seeking an organic spiritual experience in a private and confidential setting for women. Nadine goes at YOUR own pace and with God as our guide we wait for miracles to happen.

Welcome!

***\*\*Steele Recovery is NOT an accredited Treatment facility therefore, does not take Medical Insurance.  
Steele Recovery is Private Pay Only.***

**(Revised 12-11-18)**