

Steele Recovery

10 E. Vine St Ste. 217

Redlands Ca. 92373

909-219-2589

Sober Coach-Aftercare Transition

Registration/Questionnaire

This service is for women who have more than 7 days of sobriety, are transitioning out of detox, or discharging after 30-90 days of treatment.

Client Information

Name: _____

Address _____

City: _____ State: _____ Zip Code: _____ Age: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Marital Status: Married ___ Single ___ Divorced ___ Separated ___ Age of Children: _____

Employed: _____ Full time ___ Part time ___ Stay at home Mom: Y ___ N ___

Military: Y ___ N ___ Branch _____ Enlisted Year _____ Discharge Year _____ MOS _____ Veteran: Y ___ N ___

Where did you hear about Steele Recovery?

Your Coach will pick you up at the Treatment Center and bring you home. We will walk through your home processing and identifying challenges, triggers and stash and devise a daily routine and schedule to follow. It is asked that family members wait until the session has ended to return home. At that time, those who choose to participate will meet to discuss how to implement the recovery plan which will include daily accountability and as well as weekly sessions.

CONFIDENTIAL INTAKE QUESTIONNAIRE

~What are you wanting to achieve in hiring a Sober Coach?

~Do you have an Aftercare plan that you created with your counselor? If so, what is it?

~What are your immediate fears or concerns in leaving Treatment?

~What do you anticipate waiting for you when you get home?

~What are your family responsibilities?

~What are your triggers in returning home?

~Do you think you have hidden stash at home that you need to dispose of?

~Do you plan on attending recovery meetings?

~When is the hardest day of the week for you to stay clean and sober?

~What is the hardest time of the day for you?

~When thinking about returning home, what are the challenges or pressures you face in your daily routine?

~What do you fear the most in coming home?

~Does your family support you in your recovery efforts?

~Does anyone drink or use drugs in the house?

~Is your family open to participating in family sessions?

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**I understand this to be an agreement in partnering with Sober Coach Nadine Steele, CADC-II in helping make a smooth transition from treatment by providing continuity of care and reintroduce me back to my home, family, work, and life to continue successful recovery one day at a time.**

**Client Print:** \_\_\_\_\_

**Client Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Counselor Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*Steele Recovery is owned and operated by Nadine Steele CADC-II, NCAC-I NCRC-II, Aii10110315, 016754. She is Nationally Accredited and Certified with the State of California as and Drug and Alcohol Counselor and Recovery Coach. Since 1995, Nadine has been in the field of recovery specializing in women in addiction and addiction related issues. Steele Recovery is an alternative approach to conventional treatment for women seeking an organic spiritual experience in a private and confidential setting.*

*Nadine goes at your own pace utilizing best practices that address the issues that find results.*

*Welcome!*

